

WEEROONA
AGED CARE RESIDENCE

YOUR GUIDE TO RESPITE CARE

The Basics

The purpose of this guide is to provide you with key information about Residential Respite in Cowra.

The two main reasons to consider respite care are:

- To give a carer a well-earned break
- To recover from an injury or illness for a short period of time (rather than stay in hospital or at home without 24/7 support)

Respite approved residents can access up to 63 days of residential respite care each financial year. There is also a 21-day respite extension that can be granted under special circumstances such as a resident not being able to return home.

The Cost

The Australian Government subsidises residential respite in all aged care homes Australia wide.

Respite residents are required to pay a respite daily care fee of $65.55/day. This fee covers nursing care, activities, meals, laundry, and other basic living expenses such as power.
A daily extra service fee is also payable when respite residents are admitted to 'extra service' rooms.

Weeroona's admission team is happy to provide further information about what the respite daily care fee includes.

The Respite Approval Process

To organise a free assessment with your local Aged Care Assessment Team (ACAT), please contact **My Aged Care on 1800 200 422 to receive your referral code.**

Once you or your loved one has received ACAT approval for residential respite, you can contact aged care homes directly to arrange respite bookings.

RESPITE AT WEEROONA AGED CARE RESIDENCE









Privacy, Comfort and Support

- **Private Suites and Companion Rooms**

Subject to availability, our respite care residents are accommodated in either private suites or companion rooms.

- **Activities Programs:**

We believe that staying active and engaged is important for overall well-being. That's why we offer a range of activities programs to keep our respite residents entertained and socially connected.

- **Fresh and Delicious Meals:**

Our kitchen team prepares fresh and delicious meals onsite, providing culinary comfort throughout the day.

- **Onsite Nursing Team:**

Our 24/7 onsite nursing team (including Registered Nurses) deliver care and support for every resident. General Practitioners also visit Weeroona weekly, ensuring that our respite residents have access to comprehensive medical care.

- **Outdoor Spaces:**

Respite residents have access to Weeroona's spacious outdoor patio and seating areas. Great for family visits and afternoon tea outside.

Next Steps

And that's it!
You now have all the important information related to respite care.
If you would like to discuss the respite process, arrange a respite booking or organise your personal tour of Weeroona Aged Care Residence, please contact:

Director of Nursing: Nikhil Aryal
Phone: 02 6342 3333

Please note that respite bookings are subject to room availability.

Thank you!